

Karinn A. Glover, MD, MPH

Attending Psychiatrist, Outpatient Department | Montefiore Health System Assistant Professor of Psychiatry and Behavioral Sciences | Albert Einstein College of Medicine

Born in the Bronx and raised in White Plains, New York, Dr. Glover has spent the greater part of her adult life following her interests in science, health and improving life for the underserved.

After graduating from Howard University with a BA in History, Dr. Glover worked at Essence Magazine and then as an Account Executive for Verizon. She followed her curiosity about medicine and ultimately attended SUNY Downstate College of Medicine and obtained a Master of Public Health from Columbia University's Mailman School of Public Health via the highly competitive Macy Scholars Program.

Currently Assistant Professor of Psychiatry at the Albert Einstein College of Medicine, Dr. Glover teaches psychopharmacology and aspects of psychotherapy to Psychiatry and Family Medicine residents. She is an attending psychiatrist in the Adult Outpatient Psychiatry Department at Montefiore Health System. In this position, she teaches residents psychotherapy and psychopharmacology and provides direct psychiatric care to medically and psychosocially complex patients in the Bronx. Dr. Glover has authored a peer-reviewed article on mental disorders in primary care, contributed to a textbook on psychiatric treatment in primary care and has extensive experience in psychopharmacology and substance disorder treatment.

Dr. Glover has also contributed to various media outlets on a range of topics related to mental health and wellness. She uses mindfulness-based techniques in her psychiatry practice, in her career coaching for professionals from marginalized cultures, and her leadership of discussions of the impact of racism on physical and mental health.