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Dr. John Rott is a Regional Assistant Medical Director and Board-Certified Pediatrician currently practicing with Kaiser Permanente in San Diego. Dr. Rott trained at Princeton, Oxford, the University of Texas, Stanford, and Baylor College of Medicine, and holds a Master's in Public Health focusing on chronic disease management. He has held administrative roles with Kaiser Permanente in Primary Care Operations, Membership Retention, and Customer Engagement. In his free time, he enjoys camping, playing the violin, and teaching mindfulness meditation.