

Anita F. Fernander, Ph.D.

Associate Professor | University of Kentucky, College of Medicine

Anita Fernander is an Associate Professor of Behavioral Science in the College of Medicine at the University of Kentucky. She received her Ph.D. in Clinical Health Psychology from the University of Miami, has a Master's Degree in the same and holds two Bachelor's degrees (one in Physical Education and the other in Psychology) from Oakwood College (now Oakwood University) an HBCU in Huntsville, Alabama. Prior to arriving at the University of Kentucky she completed a post-doctoral fellowship in Medical Psychology at the Mayo Clinic in Rochester, MN. Her primary area of research and teaching has focused on examining the impact of race-related stress on health disparities among African Americans. She teaches the following courses: "Race, Racism and Health Disparities among Blacks in the U.S.", "The History of Medicine among Blacks in the U.S.: Implications for Health Disparities" and "Introduction to Clinical Medicine". Her current scholarly passion is focused on increasing the number of under-represented minorities in medicine, training and mentoring students and faculty regarding cultural humility, and promoting diversity, inclusivity, and equity in academic medicine and research. She developed and is in the process of implementing a mentorship pipeline program for Black males from Kindergarten thru Residency to increase the number of Black males applying to and successfully matriculating through medical school. She is also Founder & Chair of the Lexington-Fayette County Health Disparities Coalition.