

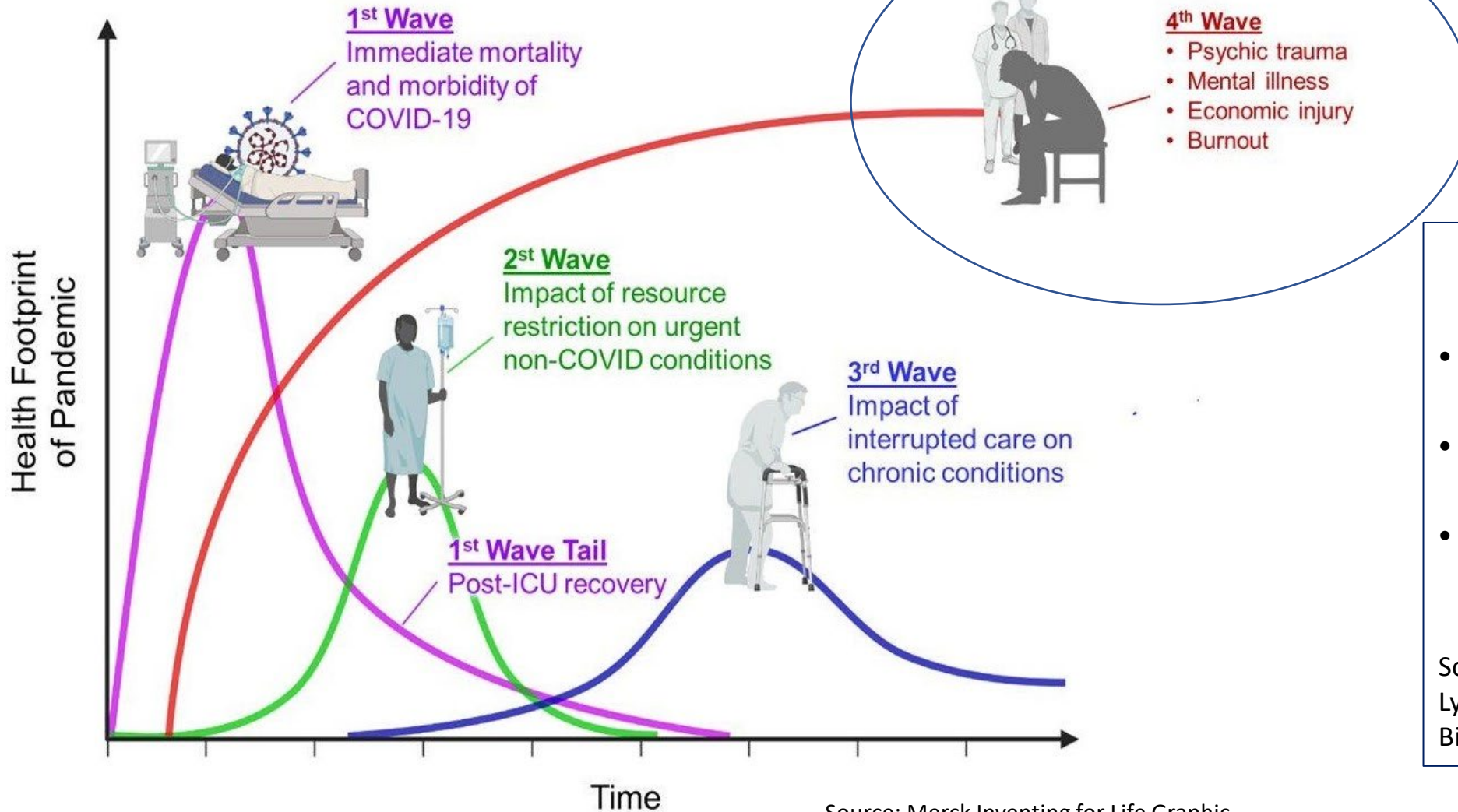


Healthcare in the Covid-19 Era

June 2, 2020

KHC Community Health Forum

Foot print of Pandemic



Economics of Stress

- Demands & Pressures are “Additive & Cumulative”
- Coping Skills (resilience) predict 16% of outcomes
- Demands & pressures predict 60% of outcomes

Source:

Lyle Miller, PhD

BioBehavioral Institute of Boston

Emotional & Population Health

- Mental health - the next wave of Covid-19
 - Consider all the elements of wellbeing – social, sleep, connectivity, etc.
 - Direct and indirect impact of social isolation
 - Growing impact on substance use disorder
- Special populations
 - Cultural and ethnic differences
 - High risk populations – Age, Chronic Disease, Minorities, Social Determinants
 - Others – eg Those who are pregnant
- Impact of virtual health support
- Re-engaging on-site/near-site clinics

Economic Stress

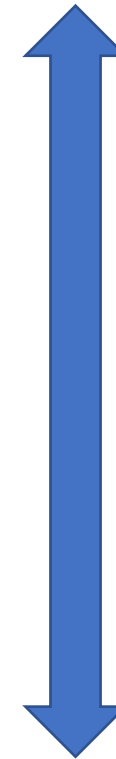
Worrying about (or losing) their jobs or income

Fear of COVID-19

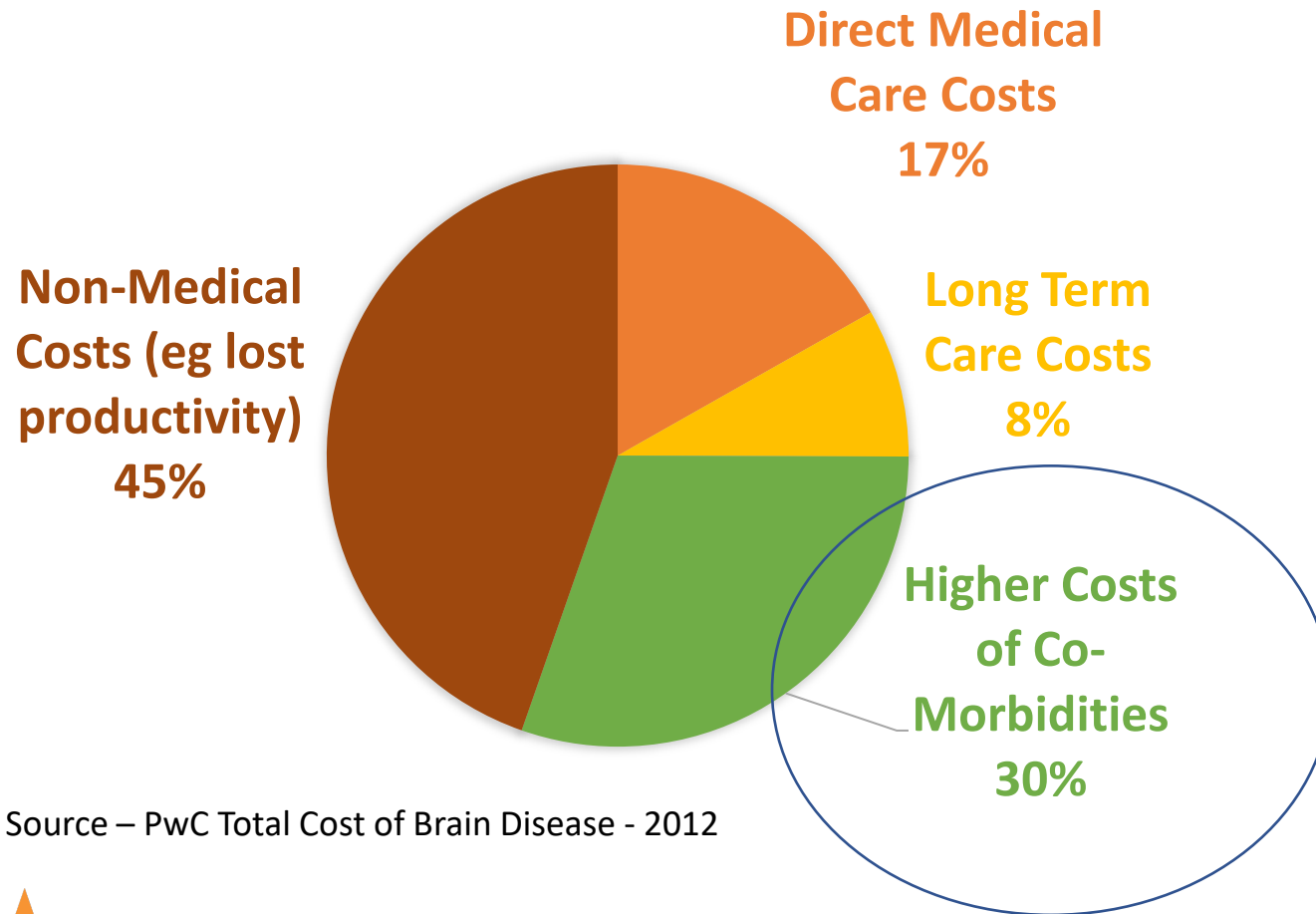
Especially those working at workplace

Social Isolation

Especially for those working from home



Costs of Mental Health Co-Morbidity



Source – PwC Total Cost of Brain Disease - 2012

*Will we experience this?
Better or worse?*

Costs of person with a chronic disease only

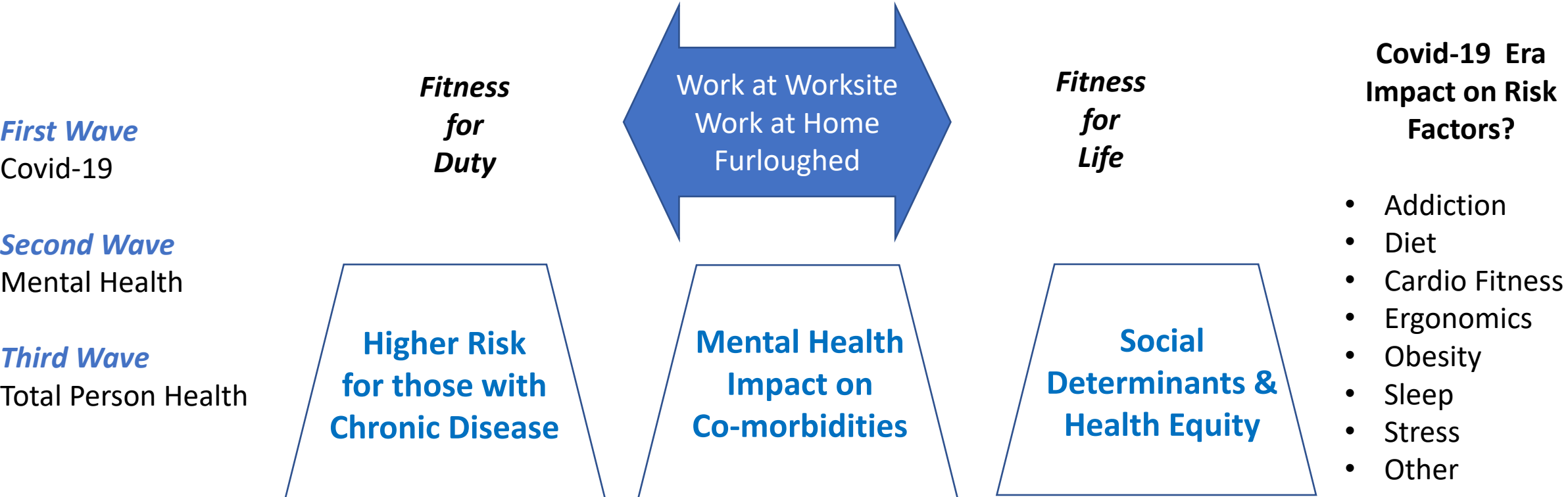
2.5x

Cost of person with a chronic disease and behavioral health

9.4x

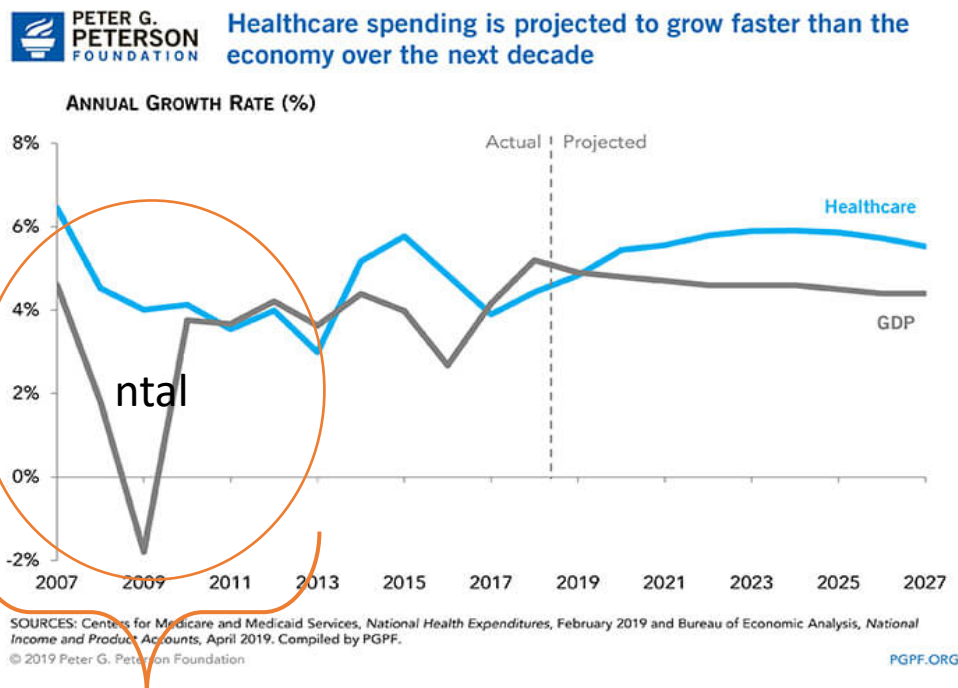
Source: Livongo 2019

The Covid-19 Era – Accentuating Forces related to Population Health



Is Healthcare Delivery in for a “Covid-19 Correction”?

Healthcare has been “recession-proof” for the past 40 years



“The Great Recession”

Impact of Covid-19 to date

- Elective Surgery – Down
- Primary Care Visits - Down
- Specialty Care Visits – Down
- Onsite Clinics – Temporary Closures
- Medications – Up, Down, ?
- Virtual Visits – Up, Up, Up
- Mental Health – Continuing to rise

Panelist Discussion

Moderator

Mike Thompson
President & CEO
National Alliance

- Jenny Goins
Comissioner, Department of Insurance, KY Personnel Cabinet
- DeAnna Hall, RN
Manager Corporate Health & Wellness, LG&E, KY Utilities
- Mike Lorch
Regional Vice President, Anthem Blue Cross & Blue Shield of Kentucky
- Larry Gray, MHA
President, Baptist Health Institute

