

Sarah Moyer, MD

Director | Louisville Metro Department of Public Health and Wellness Chief Health Strategist | City of Louisville

As the Chief Health Strategist for the city of Louisville, Ky., Dr. Sarah Moyer believes engaging all parts of the community to implement bold, innovative ideas will lead to improved health outcomes for everyone.

She leads a team of 220 employees at the Louisville Metro Dept. of Public Health and Wellness where values such as quality, innovation, collaboration, integrity and grit are championed and a vision of creating a healthy Louisville where everyone and every community thrives is shared by all.

Dr. Moyer also holds an appointment to the faculty of the University of Louisville School of Public Health and Information Sciences where she helps educate and inspire the next generation of public health leaders and professionals. She is a board-certified family physician.

Dr. Moyer is a well-respected and much sought-after leader. Recently, the de Beaumont Foundation named her one of 40 Under 40 national leaders in public health. She's a convener who has brought together hundreds of partners across all sectors of the community to reduce infant mortality rates, increase the number of people trained in suicide prevention, and stopped one of the worst hepatitis A outbreaks in the country in a manner that was called the "gold standard" of disease outbreak response by the Centers for Disease Control.

Under Dr. Moyer's leadership, Louisville's Smoke-Free Ordinance expanded to include electronic cigarettes and hookah products, healthy vending guidelines were implemented for Louisville Metro Government, and Kentucky's first Syringe Exchange Program, an evidence-based harm reduction strategy to reduce the spread of diseases to people who inject drugs, was established at the department's headquarters on Gray St. Dr. Moyer also led the department in achieving national accreditation. In 2017 Dr. Moyer and her team released the 2017 Health Equity Report, a tool for policy makers and residents to better understand how they can create more equitable policies and practices. In early 2018 Mayor Greg Fisher joined her in releasing Hope, Healing and Recovery Louisville's plan to reduce substance use disorder.

Dr. Moyer earned a Doctor of Medicine from the Temple University School of Medicine in Philadelphia. She completed her Family Medicine Residency at the Wake Forest School of Medicine and earned a Master's in Public Health with honors from Dartmouth. She earned her undergraduate degree from Colorado College.

Dr. Moyer volunteers her time by serving as a mentor for middle school girls through the “Girls Will” program at Olmstead Academy. She also serves on the board of directors for the Kentucky Science Center, the Greater Louisville Medical Society and the Louisville Primary Care Association.

Dr. Moyer is a 2018 recipient of the MediStar Healthcare Advocacy Award as well as the Kentucky Public Health Association’s Trailblazer award.

She is married to Dr. Jed Moyer, a pediatric orthopedic physician with Norton Healthcare. In her free time, she loves spending time with her husband and their four children, playing in nature and exploring Louisville’s amazing parks and playgrounds.