

Molly Rutherford, MD, MPH, FASAM

Founder | Bluegrass Family Wellness, PLLC

Dr. Molly Rutherford owns a Direct Primary Care, Direct Care Addiction Treatment practice, Bluegrass Family Wellness, in Crestwood, KY. She moved to Kentucky from Virginia in 2006, and upon recognizing the urgent need to address an epidemic of addiction in this state, she became certified to prescribe buprenorphine/naloxone for opioid use disorder in 2008 and became Board Certified in Addiction Medicine in 2012. As a primary care physician specialized in addiction working directly with patients, without interference from insurance or government, she is able to provide better, more individualized care for her patients. Dr. Rutherford is Past President of the Kentucky Society of Addiction Medicine, Past President of the Kentucky Academy of Family Physicians, and a Founding member of the Direct Primary Care Alliance. From 2018-2019, she was a member of the HHS Pain Management Best Practices Inter-agency Task Force and chaired a Subcommittee. She is also a full time mom and lives with her husband Chris, a homicide detective with LMPD, and their 2 sons in La Grange, KY.